



**Position Title:** State Coach Boccia South Australia

**Type of Appointment:** Temporary (volunteer)

**Period of Appointment:** 2015 /2016 Boccia Season

**Contact:** Zoe Dix on 0407 399 777

**Closing Date:** 1<sup>st</sup> February 2016

**Applications:** Please email applications to: [info@bocciasouthaustralia.org](mailto:info@bocciasouthaustralia.org)

Applicants need to provide a written statement addressing the position requirements as outlined within this document.

**Reporting Relationships:** This role reports to the Boccia SA Committee.

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#### CONTEXT:

Boccia South Australia is committed to the development of the Paralympic sport of boccia in South Australia, providing opportunities for both social and elite athletes of all ages to participate and compete locally and nationally in an inclusive and supportive environment.

Through links with Boccia Australia, Boccia SA will support eligible athletes to pursue national and Paralympic aspirations.

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#### **ROLE - Boccia SA State Coach**

Summary of the broad purpose of the role, and its responsibilities.

The State Coach must commit to attending a minimum of five state training sessions for the duration of two hours each in the lead up to Nationals. Each training session will require a minimum of one hour of planning and preparation prior to the session. The coach will be expected to work with athletes to develop individual training plans including on-court and off-court workouts. They must be willing to contact, and be contacted by, athletes to discuss wellbeing and answer any queries in the lead up to the National Titles. (Approximately 5-6 hours per week).

At the Boccia Australia National Titles the state coach will be expected to attend all meetings and briefings about the running of the event. The coach is expected to know when athletes are playing and organise them to be in their call box on time with the



correct equipment (this responsibility also falls onto the athletes). The coach will be required to be on court for the teams and pairs part of the competition and provide feedback to athletes on their singles matches. They will be expected to represent the athlete should any disputes arise.

Work with Boccia SA to deliver a range of training programs to members, schools, junior development squads and the broader community.

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## Essential Minimum Requirements

### Essential Educational/Vocational Qualifications

Potential coaches **must** have a *Department of Communities and Social Inclusion* clearance and **must** have completed the *Community Coaching General Principles* course **or an equivalent**.

### **Abilities/Aptitudes/Skills**

- Performance Management
- Planning, Administration and Organisational skills
- Communication and Relationship skills

### Performance Management

- evaluating performance and providing suitable feedback, balancing criticism with positivity and motivation;
- assessing strengths and weaknesses in a participant's performance and identifying areas for further development;
- adapting to the needs and interests of group or individual participants;
- communicating instructions and commands using clear, simple language;
- demonstrating an activity by breaking the task down into a sequence;
- encouraging participants to gain and develop skills, knowledge and techniques;
- ensuring that participants train and perform to a high standard of health and safety at all times;
- inspiring confidence and self-belief;
- developing knowledge and understanding of fitness, injury, sports psychology, nutrition and sports science;
- monitoring and measuring performance;
- acting as a role model, gaining the respect and trust of the people you work with;
- working to a high legal and ethical standard at all times, particularly in relation to issues such as child safeguarding and health and safety requirements.



## Planning and Administration

- producing personalised training programmes;
- maintaining records of participant and team performance;
- coordinating participants'/teams attendance at meetings and sports events;
- planning and running programmes of activities for groups and individuals;
- planning your own work schedule.

## Communication and Relationship Skills

- ability to explain concepts and ideas
- liaison with key stakeholders, including Boccia Australia, Boccia SA Committee, athletes, carers and families
- proven ability to resolve interpersonal differences constructively and professionally to ensure no adverse consequences
- is able to understand different roles and perspectives
- respects people, understands, is sensitive and values the rights of people with disabilities

## **Experience**

### Experience coaching

It is preferred that the state coach has prior coaching experience and experience working with people with a disability. This role requires good communication skills, the ability to plan and set goals with athletes, problem solving skills and a flexible approach.

Previous experience competing or coaching at elite sporting level would be favourably received.

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Approved By: Vicki Mutton (President)

Date: 19 January 2016